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Together we can make a difference

RWANDA-LEGACY OF HOPE ANNUAL REPORT 2011-2012

About Us

Rwanda-Legacy of Hope -Umurage W'ibyiringiro has been established in Rwanda since April 2011. Founded by Rwandan born Pastor Osee Ntavuka is a local Organisation based in Rwanda His stated to support Social Welfare Programme in Rwanda since 2011 aimed at improving living conditions and providing better educational and training opportunities and health.

The Rwanda – Legacy of Hope aims is to contribute to the physical, mental, social and spiritual well being of the Rwandan population. It will work to alleviate poverty and suffering through social welfare, health and education programmes. It will also contribute to the promotion of a Christian culture and to the moral well being of the population

It has been 18 years since Rwanda was bathed in blood from history's most effective killing spree. The brutal murder of nearly 1 million people in 100 days by machetes and clubs was one of the most horrific and tragic episodes in the 20th Century. Today, Rwanda is a country where 60 percent of the population lives below the poverty line, life expectancy is 49 years, literacy is 70 percent, and 400,000 children (60 percent of those under 20 years old) are orphans, often living on the streets or being cared for by extended families in deprived conditions. Many women are living with the traumatic consequences of rape and violence and HIV/Aids infection.

Rwanda is a country that has begun to overcome its past and looking forward to its future. It has a growing economy, still heavily based on agriculture and tourism. and a population looking to further Rwanda's growth in all areas of commerce, medicine and education.

Mission

- •To provide specialist volunteers Consultant surgeons and nurses to support and surgical training
- To provide medical equipment
- •To provide volunteers English teachers to primary and secondary school support and guidance in methodology /pedagogy
- •To Provide Health insurance for 200 people each year
- •Establish Link between primary /secondary schools in Rwanda and UK
- •The promotion of Technical school projects for children and the youth.
- The promotion of projects giving access to new information technology and communication (NTIC)
- •The promotion of health projects for prevention as well as health care actions
- •The initiation of small and big income generating projects for women
- Open Link between Medical School UK and Rwanda Medical University

RWANDA-LEGACY OF HOPE UMURAGE W'IBYIRINGIRO ANNUAL REPORT 2011-2012

Before the volunteers travel to Rwanda Pastor Osee Ntavuka Legal Representative of Rwanda Legacy of Hope invited Rwanda High Commissioner in UK H.E Ernest Rwamucyo and Fist Counsellor Mrs Linda Kalimba to have meeting and welcome the team of volunteers to Rwanda. A meeting was also held in Lord Mayor of Plymouth office, Cllr Peter Brookshaw and Oliver Colvile, MP who are supporting the Rwanda-Legacy of Hope project



RWANDA-LEGACY OF HOPE MEDICAL REPORT 2011-2012

Rwanda-Legacy of Hope in October 2011 invited a senior physiotherapist Paul Sumner from All Nations Ministries (UK) and Nikuswe Grace a nurse from Belgium to visit Rwanda. Their report revealed that Rwanda was in significant and urgent need of skilled medical specialists. Currently, the country only has 4 traumatologists, 2 urologists, serving a population of over 11,000,000! The surgical care is basic due to a shortage of skills and training and lack of equipment and many rural health centres, run by dedicated nursing staff, sadly lack the necessary medical equipment to serve their patients effectively.

Following a needs assessment in a number of local hospitals, Pastor Osee Ntavuka Legal Representative of Rwanda- Legacy of Hope plans were drawn up to invite a medical team of volunteer surgeons, students, nurses and allied health professionals to come to Rwanda in February 2012 to (a) operate and provide treatment and (b) to assess staff training and equipment needs. The team would specifically focus their efforts on rural hospitals. In addition, volunteer teachers and IT specialists would form part of the educational support to local schools.

KEY MILESTONES AND ACHIEVEMENTS – 2012



The medical team were based at Nyamata Hospital



RWANDA-LEGACY OF HOPE MEDICAL REPORT 2011-2012

1 MEDICAL AND SURGICAL SUPPORT, TREATMENT AND TRAINING

The medical team were based at Nyamata Hospital where they performed 35 hernia repair operations on a total of 29 patients and provided physiotherapy treatment and training sessions. Apart from 2 patients excluded on clinical grounds, all hernia repairs were performed with Mesh. A major breakthrough was introduction of Hernia Repair under Local Anaesthetic infiltration. All hernias had hitherto been performed under spinal anaesthetic. All staff welcomed success of this "new" technique enthusiastically. Training provided to one doctor in hernia mesh repair in 3 patients. 7 students trained in physiotherapy



MEDICAL EQUIPMENT DONATED BY RWANDA- LEGACY OF HOPE TO NYAMATA HOSPITAL

Rwanda-Legacy of Hope (with the help of Operation Hernia) provided and donated a refurbished eschmann's diathermy machine complete with accessories- patient plates, diathermy pencils, and footpads. Needle holder small, needle holder large, mc indoe czerney's, rampley's, langenbeck's large, langenbeck's small, mayos straight, lane's tissueforceps, dissecting forceps, toothed, artery foceps- long, artery forceps, mdium, babcock's, littlewood's tissue forceps, alis tissue, forceps, alis tissue forceps long, cats paws retractor, towel clips, travers retractor large, kochker's tissue forceps, langenbeck's extra large, iris scissors, langenbeck very large, bard parker, alis tissue forceps short, nurses scissors, bard parker, artery forceps small, mayo small adson's diss forceps, hernia mesh, diathermy machine littl sister autoclave, surgical swabs, surgical gloves sutures.

RWANDA-LEGACY OF HOPE UMURAGE W'IBYIRINGIRO 2011-2012

The Volunteers for Rwanda Legacy of hope visit the Mayor of Kamonyi District Office



Future Plans

The medical team, led by Pastor Osee Ntavuka and Chris Oppong is also part of Operation Hernia and is no stranger to operating in different countries in the world. He said that the whole experience was very humbling and truly amazing for everyone involved. Plans are now underway to make a return visit with doctors and surgeons in **February 2013** to deliver more vital treatment in Remera –Rukoma Hospital at Kamonyi District

RWANDA-LEGACY OF HOPE HEALTH INSURANCE PROVISION 2011-2012

HEALTH INSURANCE PROVISION

Just (3000 Frw) per person can make a significant difference to some of the poorest people living in Rwanda who are unable to afford to pay for their own health insurance. Unfortunately, not all the population is able to afford medical insurance or the necessary money to pay the added cost of medical provision. Therefore many health centre and hospitals constantly struggle to meet the running costs of providing medical care and the necessary equipment to deliver the most basic level of treatment. This small sum of money will provide 12 months' basic health cover. Rwanda-Legacy of Hope has pay the costs of health insurance for 200 people at Kamonyi District for 1 year (600.000 Frw).



RWANDA-LEGACY OF HOPE EDUCATION REPORT 2011-2012

A total of 7 schools both primary and secondary were visited in rural areas and within the city of Kigali, Kamonyi District, Kibirira and Mahembe School. As part of the team, our volunteer teacher was based in a secondary school in a remote area named Nyamagabe, high up in the hills in the south of Rwanda. During her visit, she provided teaching guidance and assessed basic educational support needs at Maheresho Secondary School which has a total of 149 boys and 172 girls with an average class size of 48 pupils. It is now the policy in Rwanda that every child must have 12 years education with lessons taught mainly in English



RWANDA-LEGACY OF HOPE EDUCATION REPORT 2011-2012



Current Situation and Main Needs

Groups of students have only limited time to learn IT skills. They do not have access to the internet as there is no modem or National infrastructure in place. Now the project urgently needs volunteer teachers to help deliver the programme of educational support when the team returns in February next year. Any offers of help from 2 weeks to 1 year are very welcome. Since 2009, the medium for education has been English and many of the schools visited would benefit greatly from a supply of English textbooks and teaching resources such as DVDs or CDS as well as the volunteer teachers from the UK who can commit their time and skills to train and support teaching staff to deliver lessons. A shortage of text books in English and materials in English for teachers to use. 90% of the available books are written in French. Shortage of basic sports kit and equipment. Lack of paper and equipment for creative work. Improved lighting and decoration needed in the school classrooms.

RWANDA-LEGACY OF HOPE EDUCATION REPORT 2011-2012

DONATED SPORTS EQUIPMENT AT GATENGA SCHOOL

The team distributed donated sports kit and football equipment to staff and pupils attending Gatenga School in Kigali. Staff and pupils were pleased to receive these gifts which will enable children and young people to take part in football tournaments both at the school and within their local communities. The Head teacher was delighted to receive donated books for the school written in English which will assist with pupil learning and language development.



THE WAY AHEAD - ACTION PLAN - 2013-2014

2-18 February 2013 marks the return visit to Rwanda for the volunteers from Rwanda -Legacy of Hope. The team, led by Pastor Osee Ntavuka Legal Representative will comprise of a larger sport equipment, Computers and books